



Thomas Dance Studio

Student Guidelines

CLOTHING & FOOTWEAR

BALLET

FEMALE STUDENTS: The below “uniform” is required for ballet, pointe and combination classes in all levels.

BLACK LEOTARD

A one-piece, black leotard is required. Any length sleeve is acceptable. Please no attached skirts. Ballet skirts are not permitted in Early Childhood and Enrichment Levels. Intermediate & Junior levels may wear ballet skirts at the discretion of each teacher.

PINK TIGHTS

Full footed or transition pink tights are required. Tights may be seamed, if desired. Footless or stirrup tights are not permitted.

SHOES

Early Childhood and Enrichment Levels: Full Sole Pink Leather Ballet Shoes

Intermediate & Advanced Program Levels: Pink Canvas Split Sole Ballet Shoes. Pointe shoes are required for pointe class. Each student will be advised as to when pointe work is recommended and at that time will receive additional information regarding pointe shoe brand and style selection.

MALE STUDENTS: Male students are required to wear a fitted white tee shirt with black tights or black dance shorts. Male students should wear black ballet shoes.

TAP, JAZZ, ACROBATICS & OTHER ELECTIVE CLASSES

FEMALE STUDENTS: A plain, solid colored leotard may be worn for jazz and intensive acrobatics classes (as well as other elective classes). Additional clothing may also be worn over leotards in these classes. Please NO “street clothing.” Acceptable additional clothing includes: form-fitting stretch dance pants and dance shorts. These items may be worn only at the discretion of each instructor. Other “Cover-ups” should be removed prior to entering the classroom.

TAP

Early Childhood and Enrichment Levels: Bloch #SO3022G Tan Tap Shoes.

Intermediate & Advanced Levels (Class Level D & Up): Oxford style pull-on “jazz boot” style. Student may wear tan or black. “Specialty” style tap shoes may be required for a specific recital routine.

JAZZ

Tan split soled pull on jazz shoes. (no laces) Many brands are available for purchase; however we recommend Bloch or Capezio.

INTENSIVE ACROBATICS

Dance “paws” or bare feet. Students must wear transition tights to acrobatics class.

HIP HOP

Students enrolled in Hip Hop may wear clothing of their choice with sneakers. NO BARE MIDRIFTS allowed.

OVER PLEASE

HAIR

Female students are required to wear a neat ballet bun for all ballet and pointe classes. A bun or “twist” must be secured tightly with bobby pins, hair nets and clips. Short “bangs” are permitted in class, if they do not distract the dancer by moving too freely or covering her eyes. Long bangs should be secured off the face.

JAZZ, TAP, ACROBATICS & OTHER ELECTIVE CLASSES

A neat bun is preferred for Jazz and Tap classes. However, student may alternatively wear a neat ponytail or braid, as long as it does not distract or prevent the student from performing dance technique correctly. Students must follow each Instructor’s discretion in this regard.

JEWELRY & ACCESSORIES

Small stud earrings are permitted. Students may not wear any other jewelry to class. For their own safety, please no hoop or dangling earrings, bracelets, anklets, necklaces, chokers, wristwatches or large rings. Please be aware that students will be asked to remove jewelry if it is worn to class. Please understand that Thomas Dance Studio cannot be responsible for misplaced jewelry.

OTHER CLASSROOM GUIDELINES

- No food or beverage (other than water) is permitted into the classroom. Students are encouraged to bring a small, personal bottle of water to class. Water must be purchased or brought into class prior to the beginning of dance instruction. Students should not ask permission to leave class to purchase water from the desk.
- NO CHEWING GUM is permitted in classes.
- Cell phones must be turned off while students are in classes and must remain in their dance bag during class.
- Electronic games and equipment should be left in their dance bag during class.
- Please do not allow your student to wear dance shoes outside. Dance shoes become more slippery when they are dirty from the outside and are damaged easily. Keeping your shoes clean, helps us keep the dance floors clean too!
- Students should remove all street shoes and cover-ups PRIOR to entering the classroom. A dressing room and restrooms are available for changing purposes. Students should be prepared for class with their hair tidy, proper dance clothing and correct dance shoes on prior to the beginning of his/her class.
- Students are always permitted to visit the restroom whenever needed. However, to keep distractions and loss of instruction at a minimum, students are encouraged to visit the restroom PRIOR to the start of class. Parents of younger dancers are asked to please assist their student(s) in this effort.

The study of dance takes great concentration and dedication. Following these guidelines will help the dancers be “ready to learn” and gives them the tools to succeed. We look forward wonderful dance season ahead!

“A Tradition of Quality Dance Education Since 1926”

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www.ThomasDanceStudio.com